

*Health & Beauty
Retreat*



Mexico

79 - 80



UNITED MEXICAN TOURIST SERVICE

mexicana 
We're the best thing going.

Highlights:

10 Days - 9 Nights

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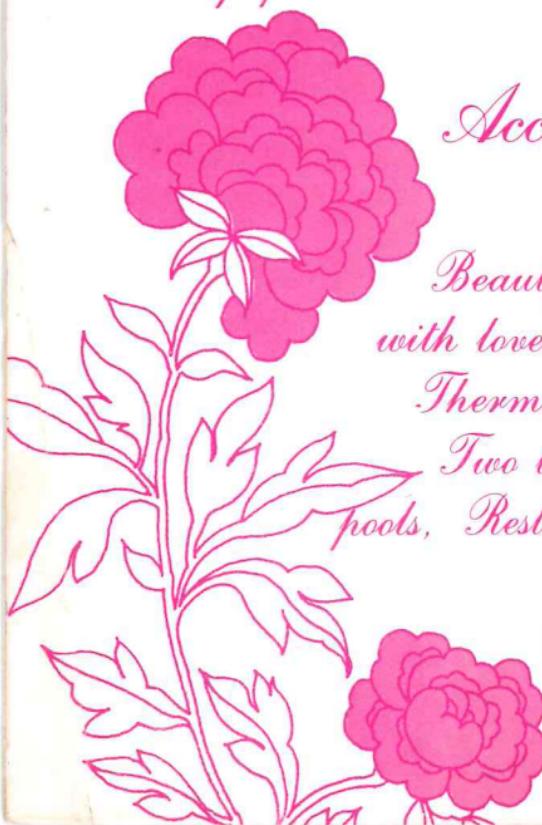
Price Per Person Sharing a Double Room:

see price

The Price Includes:

- * Round-trip air transportation from point of origin to Mexico City, via Mexicana Airlines.
- * 9 nights accommodation in double occupancy rooms.
- * Round trip transfers by motorcoach between airport and Tequisquiapan.
- * 26 low calorie meals.
- * 2 daily reducing massages.
- * 2 facial treatments.
- * 2 hair treatments & stylings.
- * 2 manicures.
- * 2 pedicures.
- * Tennis classes and gym.
- * Disco and yoga.
- * Golf optional.

Accommodations



Beautiful colonial Villa with lovely rooms, each with Thermal-Mineral water.

Two thermal swimming pools, Restaurant and Bar.

Two tennis courts,
Beautifully landscaped gardens.



About our Massages

Twice daily massages, with an extremely successful Hindu - Japanese technique, has proven extremely effective in eliminating extra inches and contouring the body. The personnel has been trained and supervised by **Lily Mucharraz**, Director and expert in all aspects of health care for thirty years.

About our Facials

Lily has also developed her own cosmetic treatments made from costly active natural components. The facial treatments give notable results eliminate expression lines and encourage skin renewal. After the first few days, you're certain to agree that "you never looked better."

Beauty Treatments

Scalp and hair conditioning treatments, hair styling, manicures & pedicures offered by the excellent technicians will round out your "Body Beautiful" sessions.

Sample Daily Schedule

The following schedule can be altered according to the number of participants, as we keep the groups small for individualized attention. The schedule changes daily in time and content.

0700	Wake up	1600	Massage
0730	Massage	1730	Yoga
0815	Breakfast	1830	Disco
0900	Tennis	2000	Dinner
1030	Facial	2100	Meditation
1200	Gym	2200	Good Night
1330	Lunch		

What to Bring

Leotard, tights, bathing suit, sweatsuit, tennis gear, walking shoes, casual clothes, sweater or jacket for chilly evenings & raincoat for summer showers.

Physical Activities

Throughout your stay, enjoy the gym classes, yoga, disco, tennis and meditation. Swim and exercise in the two thermal pools, stroll through the beautiful grounds or luxuriate in sybaritic surroundings.

Supervision

A personalized program of diet and exercise, all under medical supervision, will aid in restoring a lithe graceful body and youthful glow.

Mexicana Airlines The Best Thing Going

Mexicana's new Boeing 727's set you in style with their Golden Aztec service featuring continental cuisine with fine glassware, linen napkins and complimentary French champagne and wine on most flights. And with the largest fleet of Boeing 727's outside the United States, it's no wonder that Mexicana carries more passengers between the United States and Mexico than any other airline.

Price

The prices below are from sample points of origin. For other points, please consult your travel agent. The price is based on Double Occupancy.

<i>Los Angeles</i>	<i>\$885. 00</i>
<i>San Francisco</i>	<i>918. 00</i>
<i>San Diego</i>	<i>885. 00</i>
<i>Chicago</i>	<i>875. 00</i>
<i>Denver</i>	<i>999. 00</i>
<i>Dallas</i>	<i>862. 00</i>
<i>Tijuana</i>	<i>837. 00</i>

Single Supplement 99.00

Air fares might change without previous notice and affect the total price of the package.

Departure Dates

Due to the limited amount of persons that can attend the retreat pick your date and make an early reservation. Give your travel agent an alternate date.

July 9 & 23	January 14 & 28
August 6 & 20	February 11 & 25
September 3 & 17	March 10 & 24
October 1, 15 & 29	April 7 & 21
November 12 & 26	May 5 & 19
December 10	June 2 & 16



Health & Beauty Retreat

Ten Full Days Dedicated To

A Beautiful You

Today's woman is active and involved, often leaving little time for herself. Take this opportunity to leave behind the pressures, schedules and hectic days - experience the rare luxury of being pampered.

Enjoy yourself in beautiful surroundings while a staff of experts dedicate themselves to you. A personal program suited to your individual needs will be planned: a well-balanced, calorie conscious diet; exercises to shed those extra pounds and inches or firm and contour your body; revitalize with yoga and meditation; regain your glowing complexion and restore the vitality and sheen to your hair.

This outstanding care, along with ample time to swim, play tennis, learn to disco, or just relax, will assure that you not only look better, but feel better as well. Don't forget the observation of an unknown sage, "A man is as young as he feels, a woman is as young as she looks".



About the Retreat:

Upon arrival in Mexico City, you will be met at the airport and transferred by motorcoach to your Villa in Tequisquiapan. A small peaceful 16th century town in the state of Queretaro, 115 miles north west of Mexico City. Tequisquiapan has kept a colonial flavor with its cobblestone streets and stately homes. Enjoy the healthful Thermal Mineral Springs and beautiful smog-free climate. A fiesta with Mariaches and Barbacoa welcome you on your first evening. Early the next morning begin your personalized schedule of invigorating exercise, compensating relaxation, Health & Beauty.

GENERAL CONDITIONS

REGISTRATION, DEPOSITS, PAYMENT: To insure your reservations, register promptly with your travel agent, along with a deposit of \$100.00 per person. Balance to be paid not later than 30 days prior to departure. If you register less than thirty days prior to departure, then full payment is due upon registration.

CANCELLATIONS AND REFUNDS: In event of cancellation after deposit is made, refund will be made in full less a \$25.00 processing fee up to thirty (30) days prior to departure. If written notice is not received by thirty (30) days prior to departure, a cancellation fee of \$25.00 per person plus all charges assessed by hotels, Mexican tour operators, for cables, telex, long distance calls. **ALL NOTICES OF CANCELLATION MUST BE ADDRESSED IN WRITING BY THE CANCELLING PARTICIPANT** (via the participant's travel agent) TO VIAJES TEPEYAC S.A. & UNITED MEXICAN TOURIST SERVICE. No refunds on unused services. In the event that cancellation of a tour is compelled by circumstances beyond the control of VIAJES TEPEYAC S.A. & UNITED MEXICAN TOURIST SERVICES and the airline, refund will be made to all participants, which will not exceed the published tour price. No refund will be made for any service of the tour not utilized by participant, and if participant does not utilize any part of the scheduled itinerary, such participant shall be responsible for any and all substitute arrangements. VIAJES TEPEYAC S.A. & UNITED MEXICAN TOURIST SERVICE reserves the right to accept, reject or to retain any participant as a member of a tour. The passage contract in use by the airlines concerned, when issued shall constitute the sole contract between the airlines and the purchasers of these tours and/or passenger.

NOTE: These tours are operated under special group regulations. No deviation, no changes and no refunds will apply to any services not used by passengers.

MEXICAN TOURIST CARD: This card is required for American citizens traveling in Mexico. It is issued to you free upon application to the Mexican Consulate or Mexican Tourist Bureau upon presentation of your proof of citizenship.

LIABILITY: The tour operator, VIAJES TEPEYAC S.A. & UNITED MEXICAN TOURIST SERVICE and/or its associated companies, agents and representatives are not responsible for any losses, damages (including consequential damages), or additional expenses caused by delays or other changes in transportation or other services, or by sickness, weather, strike, war, quarantines or other causes. A passenger missing a flight or tour must, at his own expense transport himself to the next point of the trip.

TOUR RATES AND CONDITIONS: Tour prices are based on rates and tariffs in effect as of June 1979 and VIAJES TEPEYAC S.A. & UNITED MEXICAN TOURIST SERVICE reserves the right to adjust tour prices in the event of changes over which it has no control.

YOUR TOUR RATE INCLUDES: Round trip air fare via Mexicana Airlines or any IATA or ATC carrier. Transfers: For both passengers and luggage, only one bag per person allowed on ground transportation. 9 nights accommodation in the Villa Tequisquiapan. Taxes: All taxes are included. Meals: All meals are included. Treatments: 2 daily reducing massages, 3 facial treatments, 2 hair condition and sets, 2 manicures and 2 pedicures. Classes: Gym, yoga, and disco dance.

YOUR TOUR RATE DOES NOT INCLUDE: Tips to clinic personnel, it is up to the discretion and satisfaction of the participant. Transportation between your hometown and airport of origin and termination, baggage handling at airport of origin, cost incurred through absence or deviation from stated itinerary for any reason including illness, any cost not specified, long distance calls or laundry.

PRICES ARE BASED ON RATES OF EXCHANGE AND TARIFFS EFFECTIVE - APRIL 1st 1979 AND ARE SUBJECT TO CHANGE WITHOUT NOTICE DUE TO ANY REVALUATION OR DEVALUATION OF THE MEXICAN PESO. OR ANY CHANGE IN AIR FARE. AIR FARE MIGHT CHANGE WITHOUT PREVIOUS NOTICE.

EFFECTIVE THRU DECEMBER, 1980

SEE YOUR TRAVEL AGENT

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